

summer of *love*
week 2

morning gratitude.

just *you*. What is it about *your* life that you love?
What is it about *yourself* that you appreciate?
Breathe that in. Write it down. Begin your day.

Day 1:

Day 2

Day 3

Day 4

Day 5

Day 6

Day 7

Loved doing this? Print it again & again. Because you are worth noticing.

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evening gratitude.

What is one moment from today with your child that you loved?

A memory that lingers in your mind?

A joy to save. A smile to keep.

Jot it down.

Then slip under the covers and dream.

Day 1:

Day 2

Day 3

Day 4

Day 5

Day 6

Day 7

Loved doing this? Print it again & again. Because moments like these are worth remembering.